



MassMutual Extends Extra Care with Disability Income Insurance Policyholder Assistance Program

First to offer assistance program to individual policyholders through ComPsych®

To provide assistance with day-to-day tasks as well as occasional crises, Massachusetts Mutual Life Insurance Company (MassMutual), in a groundbreaking move, has launched an assistance program to all of its disability income insurance policyholders that offers a little bit of caring in today's hectic and fast-paced world, at no extra cost.

The confidential GuidanceResources® program, provided by ComPsych®, extends both guidance and information to help all MassMutual individual disability income insurance policyholders and their families balance their lives. Because the demands of personal life sometimes can be overwhelming, many people have more questions than answers. MassMutual individual disability income insurance policyholders now have the GuidanceResources program to help them get immediate answers and solve their crises.

An extensive variety of resources range from daycare search services to information on parenting, depression or adolescent's use of drugs, just to name a few. This new service provides value, convenience and confidentiality in a two-part program:

- ***GuidanceResources Online*** : An online resource accessible to all MassMutual disability income insurance policyholders and their families.
- ***Enhanced GuidanceResources***: A 24-hour, 7-day per week counseling service staffed with experts to provide advice and referrals to face-to-face counseling that only MassMutual policyholders who are receiving disability income insurance benefits can access, in addition to the online resource.

MassMutual is the first disability income insurance provider to make the GuidanceResources program available to its individual disability income insurance policyholders and their families. The program is a natural extension of a long-standing tradition of caring that MassMutual has maintained for the more than 150 years that it has been in existence, from being recognized as a *Working Mother* 100 Best Company, providing free life insurance to eligible parents to help fund their children's education through the LifeBridgeSM Free Life Insurance Program*, or sponsoring the local Making Strides Against Breast Cancer walk.

*MassMutual pays all premiums on policies issued through the LifeBridgeSM Free Life Insurance Program. For more information, see www.massmutual.com.